

## Test di corsa

Legenda:  Ha migliorato il tempo  
 Ha fatto il test per la prima volta  
 RECORD (maschile e femminile)

Nome e cognome	19.02.20		28.10.20		24.03.21		27.10.21		30.03.22		09.11.22	
	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo
Alberto Cribari			1	09:42	1	07:27	1	07:50	1	07:39		
Alessia Antonini	2	14:09	2	14:30							3	21:21
Alice Romagna											3	19:54
Aline Ren	1	05:51	2	13:06	2	11:50	2	12:20	2	14:35	3	20:09
Ambra Bonini			2	13:01	2	12:04	2	12:09	2	11:49	3	18:03
Amelie Andreoli											1	06:01
Anais Piattini									2	12:11	2	12:46
Andrea Chiodoni	3	17:24										
Arianna Deluigi	2	14:39	2	14:40	3	20:38	3	21:14	3	20:38	3	21:22
Arturo Schwank												
Caroline Knupfer			2	14:22	2	12:17	2	13:22	2	12:42	3	20:39
Cecilia Voegler	1	06:39	2	13:58	2	12:57	2	13:19			3	20:03
Christian Eberli					3	16:21	3	16:57				
Clara Ballerini	2	15:09	2	12:47	3	17:57	3	19:06	3	18:36		
Clara Gonzato									1	06:33	1	06:49
Davide Mauri			1	06:20	2	11:52						
Diego Eberli	1	06:34	1	07:10	1	07:08	2	14:32				
Eleonora Mocellin					1	08:56	1	08:06			2	15:49
Elia Moser			1	07:41	2	13:45						
Elia Ren	3	15:40	3	14:33								
Emma Ghiggia	1	09:13	2	18:07			2	16:36				
Emma Kocsis			2	12:19	3	17:55	3	18:05	3	17:52	3	17:43
Enea Gonzato	1	06:18	1	06:28	1	06:01	1	05:42	2	11:51	2	11:04

Enrico Allio	1	06:10	1	06:01	2	11:02	2	11:09	2	10:29	3	17:31
Federico Bonini	1	05:38	1	05:40	2	10:57	2	11:08	2	11:14	3	18:34
Giada Pozzoni											1	07:35
Gioele Chiodoni	3	15:32					3	14:21	3	13:59	3	14:08
Giorgia Astrelli					3	18:10	3	18:46	3	18:26		
Giosuè Caissutti												
Giovanni Jaminet							1	10:46	1	09:42	2	19:35
Giulio Chiodoni					2	12:39	2	12:23	2	12:39	3	18:53
Giulio Romagna											3	18:45
Gregorio Jermini									2	11:15	3	17:31
Ian Bianchi	2	12:57	2	12:51	3	18:30						
Ilda Castelli									1	08:46	1	06:48
Joy Vassalli							1	07:01	1	06:32	2	14:16
Julia Glavieux			2	13:15	3	19:30	3	23:42				
Kilian Knupfer	3	17:31	3	15:11	3	14:26	3	20:29			3	15:59
Kim Vassalli							2	12:16	2	11:42		
Leo Amorez							1	08:57	1	06:59	1	07:48
Leo Viviani											1	08:34
Larissa Castelli	1	06:37	2	14:21	2	12:53	2	14:29	2	13:11	3	22:28
Lau Eberli	3	17:54			3	17:00	3	20:27			3	17:38
Liam Campana			1	08:15	1	07:18	1	07:10	1	06:38	2	16:00
Luca Boerio	1	07:35	1	08:57	1	08:50	1	07:50	1	07:00	2	17:51
Luca Tricarico											1	07:55
Lucie Pusterla											1	06:48
Marco Baiardi	3	17:11			3	16:15	3	15:08	3	14:23		
Marco Tricarico	1	05:14	2	12:27	2	11:22	2	12:34	2	10:23	3	17:26
Marta Marveggio							1	07:00	2	14:11	2	14:28
Martino Amaro			1	06:10	2	13:09	2	12:23	2	12:37	3	18:35
Martino Castelli	2	13:17	2	13:19	3	19:13						
Matilde Jermini									3	19:45	3	19:14

Mathis Pusterla							1	06:33	1	05:34	1	05:34
Mattia Mauri	2	12:59	2	12:01	3	17:06			3	16:58		
Maya Bianchi	1	07:25			1	06:46	1	06:23	2	13:37		
Maxime Allio					1	05:55	2	12:42	2	11:58	2	12:41
Michele Ren									3	16:15		
Nana Castelli					3	16:06			3	15:58		
Nathan Baruffaldi	1	06:48	2	16:19	2	12:39	2	11:26	2	12:08		
Nathan Bianchi			2	13:26	2	10:36	2	10:47	2	10:37	3	16:02
Noah Bader							1	07:19	1	05:52	1	05:44
Noè Volger	1	05:17	1	05:19	2	10:28	2	11:09			3	16:35
Oliver Fasola			1	07:48	1	07:17	1	07:08	2	14:15	2	15:02
Oscar Torienzo							1	10:26	1	09:20	1	13:10
Rocco Schwank	1	05:30	2	10:49	2	10:15	2	10:36	2	09:59	3	14:53
Samuele Bonini	2	12:00	2	12:19	3	17:53	3	18:55	3	16:59	3	16:54
Samuele Nesa			1	08:47	1	09:01	1	08:10	2	16:42	2	18:20
Sara DeLuigi							1	06:55	2	13:40	2	14:15
Sebastiano Amaro	1	07:28	1	07:21	1	06:38	1	06:09	1	05:25	2	11:18
Sebastiano Romagna											3	14:27
Selina Castelli	1	06:40			2	12:43	2	12:54	2	13:09	3	19:38
Selina Stampanoni	2	17:28	2	18:07			3	19:38	3	17:11		
Sofia Chiodoni							3	22:26				
Sofia Nobile			2	13:18	3	19:15					3	18:25
Sophie Parisi							1	07:02	2	13:04		
Tobia Turrini											3	18:28
Tommy Besomi												
Valentina Quadri	2	12:28	2	12:26			3	19:42			3	17:58
Zoe Dell'Andrino					3	23:49	3	22:47				