

Test di corsa

Legenda: ■ Ha migliorato il tempo
■ Ha fatto il test per la prima volta
■ RECORD (maschile e femminile)

Nome e cognome	07.nov.18		27.feb.19		23.10.19		19.02.20		28.10.20		24.03.21	
	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo
Alberto									1	09:42	1	07:27
Alessandro Croci									1	07:37		
Alessia Antonini	2	15:09	2	14:22	2	13:54	2	14:09	2	14:30		
Alessia Berti	2	17:28	2	15:00	2	14:15	2	14:42	2	17:33	3	21:39
Alexander Tisat	1	08:56	1	07:12	1	08:12			1	08:39		
Alice Ponti	2	17:38			2	14:03						
Aline Ren							1	05:51	2	13:06	2	11:50
Ambra Bonini	1	06:33	1	06:22					2	13:01	2	12:04
Andrea Chiodoni							3	17:24				
Arianna Deluigi	2	19:39	2	16:22	2	14:33	2	14:39	2	14:40	3	20:38
Arturo Schwank	1	08:19			1	06:31						
Caroline Knupfer	1	07:18	1	06:36	1	06:05			2	14:22	2	12:17
Cecilia Voegler	1	07:46	1	06:43	1	06:22	1	06:39	2	13:58	2	12:57
Christian Eberli	3	18:17	3	17:18	3	16:54					3	16:21
Clara Ballerini	2	20:09	2	17:39	2	15:46	2	15:09	2	12:47	3	17:57
Clarissa Cammarata	3	21:56	3	21:41								
Davide Mauri									1	06:20	2	11:52
Diego Eberli	1	08:10	1	07:26	1	06:23	1	06:34	1	07:10	1	07:08
Eleonora Mocellin					1	09:12					1	08:56
Elia Moser	1	12:16	1	08:18	1	06:53			1	07:41	2	13:45
Elia Ren	3	16:35	3	15:39			3	15:40	3	14:33		
Elisa Croci									1	08:15		
Emma Brenner	1	08:07	1	07:50					2	18:30		

Emma Ghiggia			1	07:39	1	07:32	1	09:13	2	18:07		
Emma Kocsis	2	15:05	2	13:07	3	20:58			2	12:19	3	17:55
Enea Gonzato					1	06:14	1	06:18	1	06:28	1	06:01
Enrico Allio			1	06:58	1	06:19	1	06:10	1	06:01	2	11:02
Ermanno Zerrillo	3	33:56										
Federico Bonini	1	06:19	1	05:46			1	05:38	1	05:40	2	10:57
Federico Crivelli	3	23:51										
Flavia Spinelli	1	06:59	1	07:42								
Gabriele											1	07:02
Gigi Pedrini	3	16:41										
Gioele Chiodoni			3	16:21	3	15:22	3	15:32				
Giorgia Astrelli											3	18:10
Giulio Chiodoni			1	07:05	1	06:22					2	12:39
Ian Bianchi	2	12:48	2	13:25	2	12:04	2	12:57	2	12:51	3	18:30
Jabrane Canuti									1	x	1	10:18
Joël Guglielmini	2	12:26			3	17:21						
Julia Glavieux	3	23:39	2	13:59	3	21:26			2	13:15	3	19:30
Kilian Knupfer	3	17:57	3	16:51			3	17:31	3	15:11	3	14:26
Kimi									2	17:24	2	13:59
Lara Felicioni							1	07:07	2	16:26		
Larissa Castelli	1	07:02	1	06:33	1	06:35	1	06:37	2	14:21	2	12:53
Laura Tantardini	1	08:46	1	07:34	1	08:14	1	08:47				
Lau Eberli							3	17:54			3	17:00
Liam Campana									1	08:15	1	07:18
Luca Boerio					1	08:34	1	07:35	1	08:57	1	08:50
Maira Guglielmini	3	22:48					3	21:06				
Manuele Ren	3	15:16										
Marco Baiardi	3	19:41	3	17:58	3	16:25	3	17:11			3	16:15
Marco Schwendener									1	08:30	1	07:52
Marco Tricarico	1	07:12		33:56			1	05:14	2	12:27	2	11:22

