

# Test di corsa

Legenda:  Ha migliorato il tempo  
 Ha fatto il test per la prima volta  
 RECORD (maschile e femminile)

Nome e cognome	07.nov.18		27.feb.19		23.10.19		19.02.20		28.10.20	
	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo	Giri	Tempo
Alberto									1	09:42
Alessandro Croci									1	07:37
Alessia Antonini	2	15:09	2	14:22	2	13:54	2	14:09	2	14:30
Alessia Berti	2	17:28	2	15:00	2	14:15	2	14:42	2	17:33
Alexander Tisat	1	08:56	1	07:12	1	08:12			1	08:39
Alice Ponti	2	17:38			2	14:03				
Aline Ren							1	05:51	2	13:06
Ambra Bonini	1	06:33	1	06:22					2	13:01
Andrea Chiodoni							3	17:24		
Andrès Crivelli			1	12:43						
Arianna Deluigi	2	19:39	2	16:22	2	14:33	2	14:39	2	14:40
Arturo Schwank	1	08:19			1	06:31				
Caroline Knupfer	1	07:18	1	06:36	1	06:05			2	14:22
Cecilia Voegler	1	07:46	1	06:43	1	06:22	1	06:39	2	13:58
Christian Berger	3	18:19								
Christian Eberli	3	18:17	3	17:18	3	16:54				
Clara Ballerini	2	20:09	2	17:39	2	15:46	2	15:09	2	12:47
Clarissa Cammarata	3	21:56	3	21:41						
Davide Mauri									1	06:20
Diego Eberli	1	08:10	1	07:26	1	06:23	1	06:34	1	07:10
Eleonora Mocellin					1	09:12				
Elia Moser	1	12:16	1	08:18	1	06:53			1	07:41
Elia Ren	3	16:35	3	15:39			3	15:40	3	14:33
Elisa Croci									1	08:15
Emma Brenner	1	08:07	1	07:50					2	18:30
Emma Ghiggia			1	07:39	1	07:32	1	09:13	2	18:07
Emma Kocsis	2	15:05	2	13:07	3	20:58			2	12:19
Enea Gonzato					1	06:14	1	06:18	1	06:28
Enrico Allio			1	06:58	1	06:19	1	06:10	1	06:01
Ermanno Zerrillo	3	33:56								
Federico Bonini	1	06:19	1	05:46			1	05:38	1	05:40
Federico Crivelli	3	23:51								
Flavia Spinelli	1	06:59	1	07:42						
Giada Caccia	2	23:02			2	17:38				
Gigi Pedrini	3	16:41								
Gioele Chiodoni			3	16:21	3	15:22	3	15:32		
Gioele Petrini					1	06:00				
Giulio Chiodoni			1	07:05		06:22				
Ian Bianchi	2	12:48	2	13:25	2	12:04	2	12:57	2	12:51
Jabrane Canuti									1	x
Jennis Berger	1	07:16	1	06:25			1	05:41		
Joël Guglielmini	2	12:26			3	17:21				
Julia Glavieux	3	23:39	2	13:59	3	21:26			2	13:15
Kilian Knupfer	3	17:57	3	16:51			3	17:31	3	15:11
Kimi									2	17:24
Lara Felicioni							1	07:07	2	16:26
Larissa Castelli	1	07:02	1	06:33	1	06:35	1	06:37	2	14:21
Laura Tantardini	1	08:46	1	07:34	1	08:14	1	08:47		
Lau Eberli							3	17:54		
Liam Campana									1	08:15
Linda Pellegrini	2	17:46	2	16:11						
Lisa Roth	2	22:54	2	17:12						
Luca Boerio					1	08:34	1	07:35	1	08:57

Maira Guglielmini	3	22:48					3	21:06		
Manuele Ren	3	15:16								
Marco Baiardi	3	19:41	3	17:58	3	16:25	3	17:11		
Marco Schwendener									1	08:30
Marco Tricarico	1	07:12		33:56			1	05:14	2	12:27
Mariasole Codevilla					1	07:23	1	10:14		
Marta Sckwank	2	16:17	2	15:09	2	14:32	2	15:08		
Martina Tettamanti	2	20:32	2	19:20	2	18:05	2	17:31	2	20:31
Martino Amaro									1	06:10
Martino Castelli	2	13:38	2	15:37	2	13:29	2	13:17	2	13:19
Matteo Tantardini	2	14:52	2	13:34	2	12:38	2	12:50		
Mattia Mauri							2	12:59	2	12:01
Maya Bianchi	1	07:20	1	08:02	1	06:09	1	07:25		
Michela Bianchi	1	07:05	1	06:19						
Nana Castelli	3	16:11	3	15:55						
Nathan Baruffaldi	1	07:57			1	06:20	1	06:48	2	16:19
Nathan Bianchi	1	07:35							2	13:26
Nicolò Yankelevich	1	07:48	1	08:21	1	07:13	1	06:59	1	07:28
Noè Moser	3	18:32								
Noè Volger			1	05:49	1	05:15	1	05:17	1	05:19
Oliver Fasola					1	07:32			1	07:48
Roberto Deluigi			3	20:38						
Rocco Schwank	1	06:08			1	05:36	1	05:30	2	10:49
Romeo Pistoia									1	08:25
Samuele Bonini			2	12:42			2	12:00	2	12:19
Samuele Nesa	1	11:51	1	08:39	1	08:20			1	08:47
Seba Amaro							1	07:28	1	07:21
Selina Castelli	1	06:38	1	06:56	1	06:59	1	06:40		
Selina Stampanoni					2	14:47	2	17:28	2	18:07
Simona Kelller			1	09:08	1	08:15	1	11:33	1	08:45
Siro Bettini			2	14:54						
Sofia Chiodoni	3	22:31	3	22:04						
Sofia Nobile									2	13:18
Tommy Besomi	2	10:20			3	15:05				
Valentina Quadri	2	14:25	2	13:53	2	12:09	2	12:28	2	12:26